## Sat Jun 1, 2019

## 8am - 11am Volunteer- Norwich Tech

Where: Norwich Technical High School, 7 Mahan Dr, Norwich, CT 06360, USA
Calendar: Community Life Calendar
Created by: Debbie Densmore
Description:
We will be assisting Norwich Tech with their 5K Roadrace. Volunteers will assist
with setting up and breaking down, act as race marshalls and possibly man a water station. Cost to attend is free. This is an eat at home event.

# 11am - 1pm Book Reading Group

Where: 125 Sachem St, Norwich, CT 06360, USA Calendar: Community Life Calendar Created by: Debbie Densmore Description:

Please attend this activity if you are interested in joining a reading group. The purpose of the group is to prepare you to read out loud at different community events and places. We will continue to work with you on developing skills needed to increase your confidence in areas to be improved. We have had wonderful outcomes from our readers who have attended this program. All of them have read in the community over this past year. Cost to attend is free. Brown bag your lunch.

## Mon Jun 3, 2019

# 6pm - 7:30pm SO Track & Field Practice

Where: Kelly Middle School, 25 Mahan Dr, Norwich, CT 06360, USA Calendar: Community Life Calendar Created by: Debbie Densmore Description:

Weekly practice for the Special Olympics walkers and field participants. Only those that have indicated their intent to participate should sign up. Wear comfortable clothes, sneakers and don't forget your water bottle. It is suggested you use a durable duffle bag with your name on it or in it to keep all your equipment in. Don't forget your sunscreen and bug spray.

# Wed Jun 5, 2019

## 7pm - 8:30pm Swim Practice

Where: Waterford High School, 20 Rope Ferry Rd, Waterford, CT 06385, USA
Calendar: Community Life Calendar
Created by: Debbie Densmore
Description:
Weekly practice for the Special Olympic Swim Team. Only those who have
indicated their intent to participate should sign up. It is suggested that you wear your suit under your clothes and bring undergarments to change into after practice. You must bring goggles,

swim cap, towel and water shoes. Don't forget your water bottle. The Arc is not responsible for lost items.

# Thu Jun 6, 2019

## All day No Bowling

Thu Jun 6, 2019 Calendar: Community Life Calendar Created by: Debbie Densmore

## Fri Jun 7, 2019

### 2pm - 3:30pm SO Summer Games

Where: Southern Connecticut State University, 501 Crescent St, New Haven, CT 06515, USA
Calendar: Community Life Calendar
Created by: Debbie Densmore
Description:
We will be leaving for the Summer State SO Games by 3:30pm on Friday
afternoon. Please put in a request for a day off of work if you will not be able to be at The Arc on

Sachem St by 3:30PM. I will be sending out your exact meeting times shortly to your practices.

## Sat Jun 8, 2019

## All day SO Summer Games

#### Sat Jun 8, 2019

Where: Southern Connecticut State University, 501 Crescent St, New Haven, CT 06515, USA Calendar: Community Life Calendar Created by: Debbie Densmore Description: SO State games.

## Sun Jun 9, 2019

## All day SO Summer Games

Sun Jun 9, 2019

Where: Southern Connecticut State University, 501 Crescent St, New Haven, CT 06515, USA Calendar: Community Life Calendar

Created by: Debbie Densmore

## Description:

We will be returning home after 3:30pm. Our drivers will call your contacts to let them know when we returning.

## Thu Jun 13, 2019

## All day No Bowling

Thu Jun 13, 2019 Calendar: Community Life Calendar Created by: Debbie Densmore

# Fri Jun 14, 2019

#### All day No Program

Fri Jun 14, 2019 Calendar: Community Life Calendar Created by: Debbie Densmore

## Sat Jun 15, 2019

## All day Chelsea Groton Picnic

Sat Jun 15, 2019

Where: Camp Harkness-For Handicapped, 301 Great Neck Rd, Waterford, CT 06385, USA Calendar: Community Life Calendar Created by: Debbie Densmore Description:

Chelsea Groton Bank is hosting their annual picnic for our group. Cost to attend is free. We will eat hambugers, hot dogs, salad and chips. There will be a visit from the ice cream truck. Come dressed to play games in the field. DON'T FORGET YOUR SUNSCEEEN. I have enclosed a Publicity Release form which needs to be completed and sent back in with your sign up sheet. If you need more than one copy for others that you live with feel free to make additional copies. No one can attend without these forms completed.

## Thu Jun 20, 2019

### All day No Bowling

Thu Jun 20, 2019 Calendar: Community Life Calendar Created by: Debbie Densmore

## 5:30pm - 7pm Shooting Stars Self Advocacy

Where: 125 Sachem St, Norwich, CT 06360, USA
Calendar: Community Life Calendar
Created by: Debbie Densmore
Description:
Come to monthly meetings that are held on the third Thursday of the month.
Discuss, share and learn about issues affecting people with IDD. We will order pizza to eat at these meetings. Please bring \$5.00 if you wish to eat.

# Fri Jun 21, 2019

## 6pm - 9:30pm CT Tigers Game/ Barbecue

Where: Connecticut Tigers, 14 Stott Ave, Norwich, CT 06360, USA Calendar: Community Life Calendar Created by: Debbie Densmore Description: We will be attending a baseball game at Dodd Stadium in Norwich. We will enjoy

an all you can eat barbecue prior to the game. Cost to attend is \$25.00, this will include your dinner and the game. This is a prepaid event and your money should be sent in with your sign up sheet. We will be staying for the fireworks. You may bring additional money for other purchases at the stadium.

## Sat Jun 22, 2019

## 12pm - 3pm Picnic/ Farm Big Bones Goat Farm

Where: 115 Salt Rock Rd, Baltic, CT 06330, USA
Calendar: Community Life Calendar
Created by: Debbie Densmore
Description:
We have been invited to attend a picnic and farm day at Big Bones Goat Farm.
There will be homemade pizzas, hayrides, barn fire and interactions with the goats. The cost to attend is \$8.00. This program is limited in numbers so it will be first come first serve.

## Thu Jun 27, 2019

#### All day No Bowling

Thu Jun 27, 2019 Calendar: Community Life Calendar Created by: Debbie Densmore

# Fri Jun 28, 2019

#### All day No program

Fri Jun 28, 2019 Calendar: Community Life Calendar Created by: Debbie Densmore

### Sat Jun 29, 2019

# 6am - 11am Volunteer- Norwich Rose Arts

Where: Rose Arts Festival, Chelsea Parade, Norwich, CT 06360, USA Calendar: Community Life Calendar Created by: Debbie Densmore Description: We will once again Volunteer for this great event. As of now, our assignments are not finalized. This is an early morning event. Cost to attend is free. Please bring m

not finalized. This is an early morning event. Cost to attend is free. Please bring money if you would like to purchase your lunch after volunteering. We suggest at least \$15.00. DON'T FORGET YOUR SUNSCREEN AND A CHAIR.

## 9:30am - 1pm Rose Arts Festival

Where: Rose Arts Festival, Chelsea Parade, Norwich, CT 06360, USA
Calendar: Community Life Calendar
Created by: Debbie Densmore
Description:
We will be attending the Norwich Rose Arts Festival. There will a parade, music,

artist and other vendors. Please bring a chair, suncreen, money for lunch and additional money for any purchases. This program will be limited in numbers.